

At Oregon Pacific Bank, we believe in helping people and communities thrive—especially when it comes to staying safe in today's digital world. Seniors are often targeted by cybercriminals, but with the right knowledge and tools, you can protect what matters most: your personal information, your finances, and your peace of mind.

Common Cyber Threats and Why They Matter

Phishing Emails

Watch out for emails asking for personal information or containing suspicious links. Over 3.4 billion phishing emails are sent daily worldwide.

Password Attacks

Every week, 1 million passwords are stolen. Use strong, unique passwords to protect your accounts.

Malware Attacks

Avoid downloading files from unknown sources. Use antivirus and antimalware software to keep your devices secure.

Recognizing Scams and Social Engineering

Phishing

Look for red flags like misspelled email addresses, urgent requests, or unfamiliar links.

Phone Scams

Be skeptical of unsolicited calls claiming to be from tech companies or asking for money.

Deep Fakes

Learn to spot manipulated videos or images that may be used to deceive.

Verify Contact Information

If something feels off, look up the contact independently—don't rely on the information provided in the message.

Resources to Help You Stay Protected

Internet Crime Complaint Center (IC3)

Report cybercrimes and learn more at <https://www.ic3.gov/>.

Local Authorities

Contact your local police if you suspect fraud or identity theft.

Financial Institutions

If your bank or credit card accounts may be compromised, contact them immediately to secure your information.

Local Computer Support

When in doubt, ask a trusted professional.

Tips for Staying Safe Online

Create Strong Passwords

Use a mix of letters, numbers, and symbols. The longer, the better—and never reuse passwords across accounts.

Enable Multi-Factor Authentication (MFA)

MFA adds an extra layer of protection by requiring a second form of verification.

Be Cautious with Downloads

Only download files or apps from trusted sources.

